

ICP 2019
CIP 2019

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A WORD FROM THE ICP 2019 CO-CHAIRS

MOT DES COPRÉSIDENTES DE LA CIP 2019

We would like to extend a warm welcome to the attendees and speakers at the 2019 Interdisciplinary Conference in Psychology (ICP|CIP). From its commencement, eight years ago as *Psychology Outside the Box* (POTB), the conference has continuously grown in its attendees and its reach. In its eighth year, ICP has expanded its high school outreach stream and increased international participation. This year also marks ICP's largest abstract submissions, which demonstrates its growth and ability to cultivate a nourishing environment for innovative minds. This year also marks the commencement of a new initiative (two registration bursaries) that aims to make our event more accessible to students. ICP's accomplishments and continual growth is generated by its committed members that have been involved over the years. We would like to thank our members for their energy, creativity, and dedication to the conference.

We would also like to thank the numerous organizations, collaborators, and sponsors that have supported the conference over the years. In particular, the ICP is sincerely grateful to the School of Psychology at the University of Ottawa for its continuous, warm support.

Finally, our thanks go out to *you* for joining us at the ICP 2019. We hope that your experience will be rewarding and valuable. We look forward to learning with you during the many exciting events that the next two days have to offer!

Kheana Barbeau and Rupali Sharma
Chairs, ICP|CIP 2019

Nous aimerions vous souhaiter la bienvenue à l'édition 2019 de la Conférence interdisciplinaire en psychologie (ICP|CIP). Depuis nos débuts, il y a huit ans en tant que la Conférence *Psychologie hors des sentiers battus* (POTB), la conférence n'a cessé de croître. Pour cette 8^e édition, CIP a agrandi son volet écoles secondaires et augmenté sa participation internationale. Cette année marque aussi le plus grand nombre de soumissions reçues à CIP, ce qui démontre sa croissance et son habileté à cultiver un environnement nourrissant pour les esprits innovateurs. Nous marquons également l'arrivée d'une nouvelle initiative (deux bourses d'inscription) qui vise à rendre notre événement plus accessible pour les étudiants. Les accomplissements et le développement de CIP sont possibles grâce à l'implication de ses membres dévoués et nous tenons à les remercier pour leur énergie, leur créativité et leur dévouement envers la conférence.

Nous souhaitons aussi remercier les organisations, collaborateurs et commanditaires qui ont offert leur soutien à la conférence au fil des ans. La CIP est particulièrement reconnaissante envers l'École de psychologie de l'Université d'Ottawa pour son appui continu et chaleureux.

Enfin, nous tenons à *vous* remercier de vous joindre à nous pour la CIP 2019. Nous espérons que votre expérience parmi nous sera plus qu'enrichissante. Il nous tarde d'apprendre à vos côtés lors des nombreux événements stimulants qui nous attendent au cours des deux prochains jours!

Kheana Barbeau et Rupali Sharma

Présidentes, ICP | CIP 2019

[ABOUT ICP 2019](#)

[À PROPOS DE LA CIP 2019](#)

The Interdisciplinary Conference in Psychology (ICP | CIP) is a peer-reviewed conference organized by students at the University of Ottawa.

Our missions are to:

- 1) Promote interdisciplinary research related to the field of psychology;
- 2) Promote knowledge mobilization and make research more accessible to the general public; and
- 3) Cultivate, strengthen, and diversify the understanding of the applications of science among young researchers.

Every year, we welcome future and established researchers from all over Canada and abroad, as well as delegations of high school students interested in science and academia. By leveraging the perspectives of diverse disciplines and their link to psychology, we strive to open up spaces of investigation in the search for a holistic understanding of the human mind, behaviours, and emotions, and the way these are embedded in a web of broader social contexts.

La Conférence interdisciplinaire en psychologie (ICP | CIP) est une conférence révisée par les pairs organisée par les étudiant-es de l'Université d'Ottawa.

Notre mission est de:

- 1) Promouvoir la recherche interdisciplinaire en psychologie;
- 2) Promouvoir l'application des connaissances et rendre la recherche plus accessible au grand public;
- 3) Cultiver, renforcer et diversifier la compréhension des applications de la science chez les jeunes chercheur-es.

Chaque année, nous recevons de futur-es chercheur-es et des chercheur-es établi-es de partout au Canada et d'ailleurs, ainsi que des délégations d'étudiant-es du secondaire intéressé-es par la science et le monde académique. En tirant avantage des perspectives de diverses disciplines et de leur lien avec la psychologie, nous cherchons à créer de nouveaux espaces d'investigation en vue d'une compréhension globale de l'esprit, des émotions et des comportements humains, ainsi que de la façon dont ceux-ci s'intègrent dans un réseau de contextes sociaux plus larges.

[ACKNOWLEDGEMENTS](#)

[REMERCIEMENTS](#)

Over the past eight years, our team has strived to provide a professional evaluation process to our attendees. This year, we expanded our scientific committee and continued with the successful peer mentorship program for new reviewers that was implemented two years ago. We owe an enormous thank you to all of our committee members, both students and professors, who played an integral role in the review process. We would like to express our gratitude to Drs. Tim Aubry, Simon Beaudry, Isabelle Boutet, Patricia Brousseau-Liard, Christopher Fennell, Patrick Gaudreau, Stuart Hammond, Guergana Mileva, Allison Ouimet, and Andra Smith.

We are also indebted to our Associate members and Reviewers (listed on the committee members' page). We again exceeded our record number of submissions this year, and we are very appreciative of the time our members dedicated to ensuring that high-quality research is presented at ICP | CIP 2019.

Keera Fishman and Daria Kolmogorova
Peer Review Panel Co-Chairs, ICP 2019

Au cours des huit dernières années, notre équipe s'est efforcée d'assurer un processus d'évaluation de calibre professionnel aux participant-es de la conférence. Cette année, nous avons élargi notre comité scientifique et poursuivi le programme de mentorat pour nouveaux évaluateurs implanté l'année passée. Nous sommes reconnaissants envers tous les membres du comité, autant étudiants que professeurs, qui ont joué un rôle crucial dans le processus d'évaluation. Nous aimerions exprimer notre gratitude aux Tim Aubry, Simon Beaudry, Isabelle Boutet, Patricia Brousseau-Liard, Christopher Fennell, Patrick Gaudreau, Stuart Hammond, Guergana Mileva, Allison Ouimet, et Andra Smith.

Nous tenons aussi à remercier les membres associés du comité et les évaluateur-trices (nommés à la section des comités organisateur de la conférence). Ayant reçu un nombre record de soumissions cette année, nous sommes très reconnaissants pour le temps que nos membres ont dédié au comité afin d'assurer que la recherche présentée à ICP | CIP 2019 soit de haute qualité.

Keera Fishman et Daria Kolmogorova
Directrices du Comité de l'évaluation par les pairs, CIP 2019

CONFERENCE ORGANIZATION COMMITTEES	COMITÉS ORGANISATEUR DE LA CONFÉRENCE
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Kheana Barbeau	Conference Co-chair	Coprésidente
Rupali Sharma	Conference Co-chair	Coprésidente
Kayla Boileau	Logistics Director	Directrice de la Logistique
Aimie-Lee Juteau	High School Liaison Director	Directrice de la Liaison avec les écoles secondaires
Keera Fishman	Peer Review Director	Directrice de l'Évaluation par les pairs
Daria Kolmogorova	Peer Review Director	Directrice de l'Évaluation par les pairs
Fatou Sarr	Publicity Director	Directrice de la Publicité

Subcommittee Members | Membres des sous-comités

Megan Boucher-Routhier	Peer Review	L'évaluation par les pairs
Samantha Carlucci	Peer Review	L'évaluation par les pairs
Pascale Cécire	Peer Review	L'évaluation par les pairs
Natasha Chénier-Ayotte	Peer Review	L'évaluation par les pairs
Konrad Czechowski	Peer Review	L'évaluation par les pairs
Ryan Ferguson	Peer Review	L'évaluation par les pairs
Sophie Fobert	High School Liaison	Liaison avec les écoles secondaires
Nicolas Giroux	Publicity	Publicité
Michelle Hkayem	Logistics	La logistique

Stephanie Houle-Johnson	Peer Review	L'évaluation par les pairs
Leanne Kane	Peer Review	L'évaluation par les pairs
Madison MacLachlan	High School Liaison; Peer Review	Liaison avec les écoles secondaires; L'évaluation par les pairs
Emily Magel	Peer Review; Publicity	L'évaluation par les pairs; Publicité
Sara-Emilie McIntee	Peer Review	L'évaluation par les pairs
Joana Mukunzi	High School Liaison	Liaison avec les écoles secondaires
Pari-Gole Noorishad	High School Liaison; Peer Review	Liaison avec les écoles secondaires; L'évaluation par les pairs
Bronwyn O'Brien	Peer Review	L'évaluation par les pairs
Shaienne Petra Young	Logistics	La logistique
Atiqa Pirwani	Peer Review	L'évaluation par les pairs
Amira Rouabhi	Peer Review	L'évaluation par les pairs
Zacharie Saint-Georges	Peer Review	L'évaluation par les pairs
Bronwen Schryver	Peer Review	L'évaluation par les pairs
Elisa Stragapede	Publicity	Publicité
Kevin Smith	Peer Review	L'évaluation par les pairs
Andie Storozuk	Peer Review	L'évaluation par les pairs
Emilie Tasse	Logistics	La logistique

Amy Webb	Peer Review	L'évaluation par les pairs
Zahra Wells	Peer Review	L'évaluation par les pairs

Reviewers | Évaluateurs et Évaluatrices

Tim Aubry, Ph.D.	Kheana Barbeau
Simon Beaudry, Ph.D.	Megan Boucher-Routhier
Isabelle Boutet, Ph.D.	Samantha Carlucci
Patricia Brousseau-Liard, Ph.D.	Pascale Cécire
Chris Fennell, Ph.D.	Natasha Chénier-Ayotte
Patrick Gaudreau, Ph.D.	Konrad Czechowski
Stuart Hammond, Ph.D.	Ryan Ferguson
Guergana Mileva, Ph.D.	Stephanie Houle-Johnson
Allison Ouimet, Ph.D.	Leanne Kane
Andra Smith, Ph.D.	Madison MacLachlan
	Emily Magel
	Sara-Emilie Mcintee
	Pari-Gole Noorishad

	Bronwyn O'Brien
	Atiqa Pirwani
	Amira Rouabhi
	Zacharie Saint-Georges
	Bronwen Schryver
	Kevin Smith
	Amy Webb
	Zahra Wells

SCHEDULE OF EVENTS	HORAIRE DES ÉVÈNEMENTS
THURSDAY, MAY 16, 2019	JEUDI LE 16 MAI 2019

**Time |
Heure**

Activity | Activité

.ocation | Lieu

9:00 - 9:30	Registration	FSS 4 th Floor Foyer FSS Foyer – 4 ^e étage
9:30 - 9:45 9h30 - 9h45	Welcome Address Mot de bienvenue	FSS 4004
9:45 - 10:45 9h45 - 10h45	Symposium #1 Symposium #1 The neuroimaging symposium: Applications through interdisciplinary research.	FSS 4004
10:45 - 11:00 10h45 - 11h00	Coffee Break Pause café	FSS 4 th Floor Foyer FSS Foyer – 4 ^e étage
11:00 - 12:20 11h - 12h20	Keynote Lecture Conférencier invité Approaches to Wellness in First Nations Communities Les manières d'approcher le bien-être dans les communautés des Premières Nations	FSS 4004
12:20 - 1:20 12h20 - 13h20	Lunch	FSS 4 th Floor Foyer FSS Foyer – 4 ^e étage
1:20 - 2:20 13h20 - 14h20	Discussion Panel Panel de discussion Celebrating Women in Science Célébrons les femmes en sciences	FSS 5028
2:20 - 2:30 14h20 - 14h30	Coffee Break Inscription et café	FSS 4 th Floor Foyer FSS Foyer – 4 ^e étage
2:30 - 3:30	Oral Presentations Présentations orales	FSS 4006 & FSS 5028

14h30 -
15h30

3:30 - 3:45	Poster set-up Installation d'affiches	FSS 4004
15h30 - 15h45	Coffee Break Inscription et café	FSS 4 th Floor Foyer FSS Foyer – 4 ^e étage
3:45 - 4:45 15h45 - 16h45	Poster Session A Session d'affiche A	FSS 4004

FRIDAY, MAY 17, 2019	VENDREDI LE 17 MAI 2019
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Time Heure	Activity Activité	Location Lieu
8:30 – 9:00 8h30 - 9h	Registration Poster set-up Installation d'affiches	FSS 4 th Floor Foyer FSS Foyer – 4 ^e étage FSS 4004
9:00 - 10:00 9h - 10h	Poster Session B Session d'affiche B	FSS 4004
10:00 - 10:15 10h - 10h15	Coffee Break Inscription et café	FSS 4 th Floor Foyer FSS Foyer – 4 ^e étage
10:15 - 11:15 10h15 - 11h15	Oral Presentations Présentations orales	FSS 4006 & FSS 5028
11:20 - 12:00	Keynote Lecture Conférencier invité	FSS 4006

11h20 - 12h	The Complexity of Sexual Consent Negotiations La complexité du consentement sexuel <i>(Part 1 première partie)</i>	
12:00 - 1:00 12h - 13h	Lunch Dîner	FSS 4 th Floor Foyer FSS Foyer – 4 ^e étage
1:00 - 1:40 13h - 13h40	Keynote Lecture Conférencier invité The Complexity of Sexual Consent Negotiations La complexité du consentement sexuel <i>(Part 2 deuxième partie)</i>	FSS 4006
1:40 - 1:50 13h40 - 13h50	Oral presentation set-up Installation des présentations individuelles	FSS 4006 & FSS 5028
1:50 - 2:50 13h50 - 14h50	Symposium #2 Symposium #2 Psychedelic Microdosing: Emerging science behind a growing therapeutic trend	FSS 4006
2:50 - 3:00 14h50 - 15h00	Coffee Break Pause café	FSS 4 th Floor Foyer FSS Foyer – 4 ^e étage
3:00 - 4:00 15h00 - 16h00	Community Panel Panel de discussion <i>Homelessness in Ottawa L'itinérance à Ottawa</i>	FSS 4006
4:00 - 5:00 16h00 - 17h00	Wine and Cheese Awards Ceremony Cérémonie de remise des prix vins et fromages	FSS 4004

DAY 1	JOUR 1
THURSDAY, MAY 16, 2019	JEUDI LE 16 MAI 2019

SYMPOSIUM 1	SYMPOSIUM 1
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Thursday, May 16th, 2019 Jeudi le 16 mai 2019
Time: 9:45 – 10:45 Heure: 9h 45 à 10h 45
Room: FSS 4004 Salle: FSS 4004

The neuroimaging symposium: Applications through interdisciplinary research.

Rupali Sharma¹, Nicholas Van Den Berg², Aziza Byron-Alhassan¹, Allison Leeming¹, & Katie Dinelle²

¹Department of Psychology, University of Ottawa, Ottawa, Ontario

²Brain Imaging Centre (Royal Ottawa Hospital), Ottawa, Ontario

Neuroimaging is the use of various techniques to either directly or indirectly image the structure, function, or pharmacology of the central nervous system. This is a relatively newer technique in the fields of neuroscience and psychology, as it is moving past classic medical practice to advance experimental and clinical research knowledge. The present symposium features four studies that have utilized neuroimaging with three of the four studies being conducted at the Royal Ottawa Hospital's new Brain Imaging Centre. This research facility is the first of its kind in Canada solely dedicated to mental health and neuroscience research. The first study examines the effects of oral contraceptives on brain structure in young women. To this end, Rupali Sharma and Drs. Nafissa Ismail and Andra Smith examined regional gray matter and white matter volumes in oral contraceptive users compared to naturally-cycling, non-using participants. The second study led by Aziza Byron-Alhassan and Dr. Andra Smith investigates the neurological outcomes of cardiac arrest in a clinical population. The third study by Nicholas van den Berg, under the supervision of Dr. Stuart Fogel, examines how the sleeping brain consolidates memory. In the last study, Allison Leeming and Dr. Andra Smith aim to identify unique connectivity differences in the brains of pedophiles. We will conclude the symposium by discussing the opportunities and challenges associated with neuroimaging research and our experiences with the Brain Imaging Centre.

KEYNOTE LECTURE	CONFÉRENCIER INVITÉ
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Thursday, May 16th, 2019 Jeudi le 16 mai 2019
Time: 11:00 – 12:20 Heure: 11h 00 à 12h 20
Room: FSS 4004 Salle: FSS 4004

Janet Gordon

Chief Operating Officer | Présidente directrice générale
Sioux Lookout First Nations Health Authority



Kimberly Matheson, Ph.D.

Professor | Professeure
President, Culture & Gender Mental Health Research Chair |
Présidente, Culture & Gender Mental Health Research Chair
The Royal's Institute of Mental Health Research & Carleton
University | L'Institut de recherche en santé mentale du Royal
& Université de Carleton
Director, The CHAIM Centre | Directrice, CHAIM Centre
Carleton University | Université de Carleton



Approaches to Wellness in First Nations Communities | Les manières d'approcher le bien-être dans les communautés des Premières Nations

Wellness is a holistic comprehensive construct that focuses on the strengths, resilience, and resourcefulness of individuals and communities. Gordon and Matheson will share the experiences and knowledge they are building on, and how Indigenous organizations and communities can work together with non-Indigenous allies to promote healthy, flourishing First Nations communities.

Le bien-être est un construit holistique intégratif qui se concentre autour des forces, de la résilience et de l'ingéniosité des individus et communautés. Gordon et Dr. Matheson nous partageront les expériences et connaissances qu'elles accumulent ainsi que la manière dont les organisations et les communautés autochtones peuvent travailler ensemble avec des alliés non-autochtones pour promouvoir des communautés des Premières Nations saines et florissantes.

About our speakers | À propos de nos orateurs

Janet Gordon is originally from Kasabonika Lake First Nation but recently became a member of Lac Seul First Nation. She has worked in the health care system for many years in the Sioux Lookout area. Her past roles include Community Health Nurse, Zone Nursing Officer and Zone Director. She is currently Chief Operating Officer with the Sioux Lookout First Nations Health Authority (SLFNHA), an organization that serves 33 First Nations communities. Through her work at SLFNHA, she provides management, advocacy and advisory support to health services and programs while striving for improved health care and positive change for First Nations in the Sioux Lookout area.

Janet continues to lead the implementation of the Anishinabe Health Plan (AHP). Through her work with the AHP, Janet played a key role in developing a physician services organization for the Sioux Lookout region. SLFNHA has since taken on management of this organization. She has supported the development of the Anishinaabe Bimaadiziwin Research Program by partnering with Sioux Lookout Meno Ya Win Health Centre. Also, she is currently working with key partners to establish a Public Health system for the First Nation communities served by SLFNHA. These initiatives are major steps forward in First Nations governance and management of health services, a goal Janet strongly believes in.

Janet Gordon est originaire de Kasabonika Lake First Nation, mais est récemment devenue membre de la Première Nation de Lac Seul. Elle a travaillé dans le système de santé pendant de nombreuses années dans la région Sioux Lookout. Ses rôles ont déjà été d'infirmière en santé communautaire, d'agente des services de santé de la zone et de directrice de la zone. Elle est présentement chef des opérations avec le Sioux Lookout First Nations Health Authority (SLFNHA), une organisation qui sert 33 communautés des Premières Nations. À travers son travail à SLFNHA, elle fournit de l'aide en gestion, défense des droits et soutien consultatif aux services et programmes de santé tout en cherchant à améliorer les soins de santé et à apporter des changements positifs aux Premières Nations de la région de Sioux Lookout.

Janet poursuit la mise en place du Anishinabe Health Plan (AHP). Dans son travail avec le AHP, Janet joue un rôle clé dans le développement de services d'organisation des médecins pour la région de Sioux Lookout. SLFNHA a depuis pris en charge la gestion de cette organisation. Elle a appuyé le développement du Programme de Recherche Anishinaabe en collaborant avec le with Sioux Lookout Meno Ya Win Health Centre. De plus, elle travaille présentement avec des partenaires clés pour établir un système de santé publique pour les communautés des Premières Nations desservie par le SLFNHA. Ces initiatives représentent d'importantes avancées pour la gouvernance de Premières Nations et la gestion des services de santé, un objectif en lequel Janet croit fortement.

Dr. Kimberly Matheson is a social/health psychologist whose research concerns the experience of marginalization of members of social groups on mental health, including the protective cultural and individual factors that contribute to resilience. Her research is funded by the Social Sciences and Humanities Research Council of Canada, and the Canadian Institutes of Health Research. She is the project co-lead of the Indigenous Youth Futures Partnership (together with Janet Gordon) that works with First Nations organizations and communities in the Nishnawbe-Aski Nation to co-develop and evaluate approaches to promoting community

and youth resilience. She is founding director of The Canadian Health Adaptations, Innovations, and Mobilization Centre at Carleton University.

Dre Kimberly Matheson est une psychologue sociale et de la santé dont la recherche concerne l'expérience de la marginalisation des membres de groupes sociaux sur la santé mentale, incluant les facteurs de protection culturels et individuels qui contribuent à la résilience. Sa recherche est financée par le Conseil de recherches sciences humaines du Canada et l'Institut de recherche en santé du Canada. Elle est la co-dirigeante du projet Indigenous Youth Futures Partnership (en collaboration avec Janet Gordon) qui travaille avec les organisations et communautés des Premières Nations de la Nation Nishnawbe-Aski pour co-développer et évaluer des approches pour promouvoir la résilience de la communauté et de la jeunesse. Elle est la directrice fondatrice du Canadian Health Adaptations, Innovations, and Mobilization Centre à l'Université de Carleton.

DISCUSSION PANEL	PANEL DE DISCUSSION
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Thursday, May 16th, 2019 **Jeudi le 16 mai 2019**
Time: 1:20 – 2:20 **Heure: 13h 20 à 14h 20**
Room: FSS 5028 **Salle: FSS 5028**

Nafissa Ismail, Ph.D.

Associate Professor | Professeure agrégée
School of Psychology, University of Ottawa |
École de psychologie, l'Université d'Ottawa
University Research Chair in Stress and Mental
Health | Titulaire de la Chaire de Recherche de
l'Université sur le stress et la santé mentale



F. Handan Tezel, Ph.D., P.Eng., FCIC, FEIC

Professor | Professeure
Department of Chemical and Biological
Engineering, University of Ottawa | Génie
chimique et biologique, Université d'Ottawa



Barbara Vanderhyden, Ph.D.

Professor | Professeure
Department of Cellular and Molecular Medicine,
University of Ottawa | Département de
médecine cellulaire et moléculaire, Université
d'Ottawa
Corinne Boyer Chair in Ovarian Cancer Research,
University of Ottawa | Chaire de recherche
Corinne-Boyer sur le cancer de l'ovaire,
Université d'Ottawa
Senior Scientist, Cancer Therapeutics Program,
Ottawa Hospital Research Institute |
Scientifique Sénior, Programme de
thérapeutique anticancéreuse, L'Hôpital
d'Ottawa



Celebrating Women in Science | Célébrons les femmes en sciences

The panelists will describe some of the challenges and barriers they faced as women in science and offer personal stories of how they addressed and overcame some of these challenges. Topics will include important considerations during training and the transition to independence, managing work-life balance in various situations, and the current barriers to changing the status quo for women in science in the academic workplace.

Les panélistes décriront certains des défis et des obstacles auxquels elles ont dû faire face en tant que femmes dans le domaine des sciences et nous offrirons des histoires personnelles sur les manières dont elles ont adressé et surpassé ces défis. Les sujets incluront les considérations importantes lors de la formation et la transition vers l'indépendance, la gestion de la balance travail-vie personnelle dans plusieurs situations et les obstacles actuels au changement du statu quo pour les femmes en sciences dans le milieu académique.

About our speakers | À propos de nos orateurs

Dr. Nafissa Ismail is an Associate Professor at the School of Psychology at the University of Ottawa. She obtained her PhD from Concordia University in 2009. She then went on to do a 4-year post-doctoral fellowship at the University of Massachusetts until she was hired by the University of Ottawa in 2012. Her areas of research expertise are in neuroimmunology and neuroendocrinology. She runs a productive laboratory of about 20 students. Her research is funded by federal and university funds as well as private donation. She has published in high impact journals and her papers have been read more than 9000 times and cited 525 times. She was recently awarded Young Researcher of Year by the University of Ottawa and Early Researcher Award by the province of Ontario. She is now the holder of a University Research Chair in Stress and Mental Health.

Dre Nafissa Ismail est Professeure agrégée à l'École de Psychologie de l'Université d'Ottawa. Elle a obtenu son PhD de l'Université de Concordia en 2009. Elle a ensuite obtenu une bourse pour

un stage postdoctoral de 4 ans à l'Université de Massachusetts jusqu'à ce qu'elle soit engagée par l'Université d'Ottawa en 2012. Ses domaines d'expertise en recherche sont la neuro-immunologie et la neuro-endocrinologie. Elle dirige un laboratoire productif d'environ 20 étudiants. Sa recherche est financée par des fonds fédéraux, universitaires ainsi que privées. Elle a publié dans des journaux à grand impact et ses articles ont été lus plus de 9 000 fois et cités 525 fois. Elle est récemment devenue la récipiendaire du prix jeune chercheuse de l'année de l'Université d'Ottawa et de la bourse de nouveaux chercheurs de la province de l'Ontario. Elle détient présentement la Chaire de recherche de l'Université sur le stress et la santé mentale.

After the completion of her Masters, PhD and Postdoctoral studies at University of New Brunswick, **Dr. Handan Tezel** joined the University of Ottawa in 1988 and has been a professor in the Faculty of Engineering since then. She was the Vice-Dean of research in Engineering from 2010 until 2015. She is an internationally known researcher in the areas of adsorption and membrane separations for applications in renewable energy sources, including energy storage. She has been elected to be a Fellow of Chemical Institute of Canada (FCIC) and a Fellow of the Engineering Institute of Canada (FEIC) in 2016 and 2017, respectively.

Après avoir complète sa maîtrise, son PhD ainsi que ses études postdoctorales à l'Université du Nouveau-Brunswick, **Dre Handan Tezel** a rejoint l'Université d'Ottawa en 1988 et est depuis professeure dans la Faculté de Génie. Elle était la Vice-doyenne de la recherche en génie de 2010 à 2015. Elle est une chercheuse connue internationalement dans les domaines de l'adsorption et de séparations de membrane pour leur application dans les sources d'énergie renouvelable, incluant la conservation de l'énergie. Elle a été élue membre de Chemical Institute of Canada (FCIC) et de Engineering Institute of Canada (FEIC) en 2016 et 2017 respectivement.

As the inaugural Corinne Boyer Chair in Ovarian Cancer Research, **Dr. Barbara Vanderhyden** leads an ovarian cancer research program and has developed networks and resources to expand the capacity for ovarian cancer research in Canada. For more than three decades, she has shared her passion for science with students in classrooms and laboratories, training dozens to become successful scientists, who are now found all over the globe. A strong advocate for science education, Dr. Vanderhyden established two successful outreach programs in her spare time. In *Let's Talk Science*, volunteers make learning STEM fun for students in schools in the Ottawa region. *Science Travels* sends graduate students to the far north to deliver science workshops in indigenous communities. Relevant to today's panel, she has also served on faculty search committees for more than 20 positions.

En tant que Chaire de recherche Corinne Boyer sur le cancer des ovaires, **Dre Barbara Vanderhyden** dirige un programme de recherche sur le cancer des ovaires et a développé des réseaux et ressources pour augmenter les possibilités de recherche sur le cancer ovarien au Canada. Depuis plus de trois décennie, elle partage sa passion pour la science avec des étudiants en salle de classe et en laboratoires, formant des douzaines d'entre eux à devenir des scientifiques accomplis qui sont maintenant tout autour du globe. Une grande défenderesse de l'éducation en sciences, Dre Vanderhyden a établi deux programmes de sensibilisation réussis dans son temps libre. Dans *Parlons Sciences*, les bénévoles rendent l'apprentissage des STEM amusant pour les étudiants d'écoles de la région d'Ottawa. La Science voyage envoie quant à elle des étudiants aux études diplômés dans le nord pour présenter des ateliers scientifiques dans les

communautés autochtones. Utile pour la table ronde d'aujourd'hui, elle a également occupé plus de 20 positions dans des comités de faculté.

ORAL PRESENTATIONS	PRÉSENTATIONS ORALES
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Thursday, May 16th, 2019 Time: 2:30 – 3:30 FSS 4006	Jeudi le 16 mai 2019 Heure: 14h 30 à 15h 30 FSS 4006
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<i>Theme 1: Mental Health and Wellbeing</i>	<i>Thème 1: Santé mentale et bien-être</i>
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<p>Effectiveness of Acceptance and Commitment Therapy to improve psychological flexibility and reduce concurrent disorder symptoms.</p> <p>Isaac Beech^{1,2}, Alicia Burkitt^{2,3}, Stephanie Penta^{1,2}, Michelle Sanderson², Kimberly Jones², Elisha DeKort², Holly Raymond², & Katherine Holshausen^{2,4,5,6}</p> <p>¹<i>Department of Psychology, University of Waterloo, Waterloo, Ontario</i> ²<i>St. Joseph's Healthcare Hamilton, Hamilton, Ontario</i> ³<i>Sociology and Legal Studies, University of Waterloo, Ontario</i> ⁴<i>Department of Psychology, Neuroscience, & Behaviour, McMaster University, Hamilton, Ontario</i> ⁵<i>Department of Psychiatry & Behavioural Neurosciences, McMaster University, Hamilton, Ontario</i> ⁶<i>The Research Institute of St. Joseph's Hamilton, Hamilton, Ontario</i></p>	<p>2:30 – 2:45</p>
<p>Background: Comorbid symptoms of mental health and substance use (concurrent disorders) are often treated separately. However, behavioural treatments including Acceptance and Commitment Therapy (ACT) have been effective in treating both¹. ACT focuses on clarifying personal values and acceptance of negative experiences¹. ACT also targets psychological flexibility by restructuring how the client relates to having mental illness rather than targeting</p>	

symptom reduction². This restructuring promotes increased engagement with internal experiences, increasing the likelihood of reducing substance use².

Objective: To evaluate the effectiveness of a group-therapy model of Acceptance and Commitment Therapy (Committing to ACTion) for increasing psychological flexibility while reducing mental health symptoms and substance use.

Methods: Self-report measures were collected during the first, fourth, and eighth weeks of the eight-week closed group. Scales collected were: Generalized Anxiety Disorder 7-item scale (GAD-7), Patient Health Questionnaire (PHQ-9), Alcohol Use Disorders Identification Test (AUDIT-C), Cannabis Use Disorder Identification Test (CUDIT-R-C), Acceptance & Action Questionnaire for Substance Use (AAQ-SA).

Results: Preliminary findings demonstrate improved psychological flexibility, ($t(24) = 2.25, p = .034$), and reductions in anxiety, ($t(24) = 4.89, p < .001$), depression, ($t(24) = 4.48, p < .001$), alcohol use, ($t(24) = 2.90, p = .008$), and cannabis use, ($t(24) = 2.43, p = .023$).

Conclusion: Among individuals with concurrent disorders, engagement in group-based ACT resulted in significant increases in psychological flexibility and reductions in substance use and mental health symptoms. Data collection is ongoing; additional data and comparisons of psychological flexibility to substance use, anxiety, and depression will also be presented.

Expanding posttraumatic growth: A case study of male survivors of sexual violence.

2:45 – 3:00

Samantha Cima¹

¹University of Ottawa, Ottawa, Ontario

The ability of individuals to develop positive changes following a traumatic incident, termed posttraumatic growth (PTG), has received academic attention in recent years. Common positive changes following sexual violence victimization include a greater appreciation of life, stronger and closer interpersonal relationships, and a more concrete realization of personal strengths (Easton et al. 2013; Frazier et al. 2001). Erroneously, however, this body of research excludes men; the intricacies of the male population warrants examination into whether the development of PTG is generalizable to all male survivors of sexual violence. For example, the increased use of avoidant coping styles and social and emotional withdrawal following trauma (which are negatively correlated with PTG), characteristic of the male gender (Samulwitz et al., 2018; Whitley et al., 2018), give reason to believe that the current literature is inapplicable to male survivors of sexual violence. This exploratory study assesses the role of service use, coping styles, and adherence to gender norms in the production of PTG, or a lack thereof, for male survivors of sexual violence. A fuzzy-set qualitative comparative analysis is used in order to establish a combination of causal factors that are associated with PTG for male survivors ($n = 9$). Only two of the five hypotheses this study tested are supported; lower endorsement of gender norms and high stability of service access (no interruption) are associated with PTG.

These preliminary findings will be discussed in detail, giving light to the ability of male survivors of sexual violence to experience PTG.

The unseen cost of justice: The impacts of work-related trauma exposure in Canadian lawyers.

3:00 –
3:15

Marie-Eve Leclerc¹

¹*Department of Medecine, McGill University, Montreal, Quebec*

While evidence suggests that lawyers experience more trauma-related symptoms stemming from their work relative to other helping professionals, limited research has been conducted on the nature and extent of posttraumatic stress disorder (PTSD) amongst a diverse sample of lawyers in Canada. This study evaluated (a) PTSD symptom severity and (b) the proportion of lawyers that meet the diagnostic criteria for PTSD among a sample of Canadian lawyers. Based on their caseload, lawyers were classified in one of three groups: no-, moderate-, and high work-related exposure to potentially traumatic content. It was hypothesized that 1) the severity of trauma symptomatology and 2) the proportion of lawyers that meet the PTSD diagnostic criteria would increase alongside with an increase in trauma-exposure. A final sample of 476 Canadian lawyers completed the 15-minute online survey. Potential PTSD was established using the diagnostic criteria provided in the most recent version of the Diagnostic and Statistical Manual for Mental Disorders-5 (DSM-5; 2013). Results reveal a statistically significant increase in PTSD symptom severity across groups, paralleling the increase in trauma-exposure. Based on these results, trauma-exposed lawyers are 2.63 times more likely to meet the diagnostic threshold for PTSD compared to their non-exposed peers. Over 9% of the sample met probable PTSD diagnostic criteria. Congruent with the DSM-5 reformulation of trauma exposure, lawyers exposed to aversive details of traumatic events are at increased risk of developing pathological symptoms requiring an intervention.

Approaches to pursuing well-being: The change of eudaimonic, hedonic and extrinsic orientations across the lifespan.

3:15 –
3:30

Andrea LeFebvre¹ & Veronika Huta¹

¹*University of Ottawa, Ottawa, Ontario*

There are different orientations towards pursuing a “good life”, such as eudaimonia (seeking authenticity, excellence, meaning and growth), hedonia (seeking pleasure and comfort) and extrinsic motives (seeking money, power, status, popularity, and image) (Huta, 2016). There is limited research exploring how these orientations to well-being change across the lifespan. In this cross-sectional study, adults aged 18 to 87 ($n = 1324$) completed online questionnaires assessing levels of eudaimonic, hedonic pleasure, hedonic comfort, and extrinsic pursuits in their current ways of living.

Using a piecewise linear analysis, differences in the four orientations were observed across age and gender. Eudaimonic motives significantly increased until age 35 for females and

significantly decreased from age 35 to 45 for males. Hedonic pleasure significantly decreased after age 35 for both females and males. Hedonic comfort marginally increased until age 35 for both genders and significantly decreased from age 35 to 55 for males. Extrinsic motives significantly decreased for both females and males over the lifespan.

The study observed notable gender differences as well as varying patterns across the lifespan for each orientation to well-being. Results suggest that both gender and life stage may influence the ways in which people pursue a “good life”.

ORAL PRESENTATIONS

PRÉSENTATIONS ORALES

Thursday, May 16th, 2019 Jeudi le 16 mai 2019
Time: 2:30 – 3:30 Heure: 14h 30 à 15h 30
FSS 5028 FSS 5028

Theme 2: Motivation, Effort, and Expectations

Thème 2: Motivation, efforts, et attentes

The role of parents' math anxiety in their expectations towards their child's performance in math.

2:30 –
2:45

Alex-Anne Lamoureux¹, Michela DiStefano¹, & Erin A. Maloney¹

¹University of Ottawa, Ottawa, Ontario

Various factors are known to influence math achievement; among them are parental expectations, negative emotions towards math (e.g., math anxiety), and beliefs about one's ability. While previous research suggests that people who are high in math anxiety have lower expectations for themselves in mathematics, it is not yet known whether parents who are high in math anxiety will have lower expectations for their children in mathematics. Against this background, we investigated (1) whether math-anxious parents would hold lower math performance expectations for their children; (2) whether math-anxious parents would believe their child to have poor natural ability in math, and (3) whether these relations varied as a function of gender. In total, 260 parents of children in grades 4 to 6, residing in North America, were recruited through social media and community centers. Participants completed an online survey, which assessed their math anxiety, their expectations for their child in mathematics, and beliefs about their child's natural ability in math. Linear regressions demonstrated that parents' math anxiety was unrelated to either their math performance expectations for their children or their perception of their child's natural ability in mathematics. There were also no

interactions between math anxiety and parent gender. These results suggest that math anxiety does not play a role in parents' expectations for their child's performance in math.

Detecting insufficient effort responding within university samples.

2:45 –
3:00

Marilyn Ashley¹ & Krystelle Shaughnessy²

¹University of Ottawa, Ottawa, Ontario

Background: Self-report data is omnipresent in both experimental and clinical psychology, particularly in online research. The integrity of this research rests on the assumption that participants are willing and able to provide accurate self-reports. Insufficient Effort Responding (IER) refers to participants failing to carefully read/comply with questionnaire instructions and item content. IER participants disrupt the validity of research results if not detected. Researchers build proactive indicators into their surveys prior to data collection and calculate reactive indicators after data collection. However, the extent to which IER prevalence differs depending on detection strategy (i.e., total IER score vs. multiple-hurdle approach) is unclear.

Objectives: In this presentation, we (i) define IER, (ii) discuss methods for the detection of IER in survey data, and (iii) present prevalence statistics of IER in university samples based on detection strategy.

Methods: We used data from an online survey on online-anxiety with ISPR participants ($N = 357$). Within this survey, we included three types of proactive IER methods: directed questions, catch questions, and self-report attention and effort reports. Three reactive (e.g., longstring, Mahalanobis distance, even-odd consistency) IER indices were calculated to detect additional IER behaviours. The proactive and reactive indicators were used individually and sequentially, in a multiple-hurdle approach, to identify participants engaging in IER.

Results: Prevalence statistics demonstrate that approximately 37% of ISPR participants engage in at least one form of IER. Using a multiple-hurdle approach, 10.5% are identified as significant IER respondents.

Conclusions: We will discuss the research implication for study design and data analysis.

Investigating the role of desire and priority on the intention-behaviour relationship: predicting physical activity post-myocardial infarction.

3:00 –
3:15

Emily Magel¹, Justin Pesseau², & Nicola McCleary²

¹University of Ottawa, Ottawa, Ontario

²Ottawa Hospital Research Institute, Ottawa, Ontario

Background. Regular physical activity (PA) is recommended when recovering from a myocardial infarction (MI), yet PA rates remain low. Individuals often hold strong intentions without translating them into actions. The Health Action Process Approach (HAPA) proposes individuals bridge this intention-behaviour gap through action and coping planning. However,

whether someone *wants* to (desire) engage in PA and whether they prioritize PA may influence this gap. We hypothesized that desire and goal priority moderate the intention-PA relationship, and moderate the mediating roles of action and coping planning in patients post-MI. **Methods.** Participants responded to a questionnaire 12 months post-MI. Level(s) of PA (light, moderate, vigorous) were reported using the International Physical Activity Questionnaire in total metabolic equivalent task (MET)-minutes/week over 7 days. Intention, desire, action and coping planning were assessed using previously validated items; goal priority was assessed using a newly created item. **Results.** Participants' (N=353) intentions did not directly predict PA. However, desire moderated the intention-PA relationship ($\Delta R^2=.038$, $p < .05$, 95% CI[384.877, 1227.314]); those with high levels of intention and desire reported significantly greater PA. Goal priority did not moderate this relationship ($\Delta R^2=.001$, $p = .67$, 95% CI[-466.913, 298.797]). Neither desire nor goal priority moderated the mediating roles of action and coping planning. **Implications.** Understanding intentions to engage in PA post-MI may not be enough; rather, it is only those who highly desire to engage in PA that may translate their intentions into actions. Health behaviour interventions should consider targeting desire as a mechanism for increasing post-MI adherence to PA recommendations.

Computerized cognitive training in older adults: An electrophysiological study.

3:15 –
3:30

Meggan Porteous¹, Sheida Rabipour¹, & Patrick Davidson¹

¹University of Ottawa, Ottawa, Ontario

Background: Real or perceived cognitive decline often occurs in aging. As the population of older adults increases, so does interest in computerized cognitive training (CCT) programs for preventative and/or rehabilitative purposes. Despite this interest, many questions remain about the potential benefits of CCT programs. **Objectives:** The present study sought to investigate a commercially available CCT program (*Activate*) in a five-week single-blind, placebo-controlled design. **Methods:** Seventy-four older adults were recruited and randomly assigned to the *Activate* training condition (21 women) or the active-control condition (19 women). Transfer was assessed using neuropsychological tests, behavioural data (response time and accuracy) from two experimental tasks (i.e., an attention/inhibition Flanker task and a working memory n-back task), and electrophysiological data (i.e., EEG) recorded during the two experimental tasks. **Results:** Based on previous findings, we expected no significant changes in the training compared to the control group on the neuropsychological tests or behavioural measures. However, if the *Activate* program is effective, we would expect the training group to show decreased latency and increased amplitude of electrophysiological event-related potentials after training. Potential performance and neurophysiological changes due to training will be highlighted. **Conclusion:** Determining the effectiveness of this CCT program using electrophysiological and neuropsychological measures would improve the case for its efficacy and use in preventative and/or rehabilitative interventions.

POSTER SESSION A	SESSION D’AFFICHE A
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Thursday, May 16th, 2019 **Jeudi le 16 mai 2019**
Time: 3:45 – 4:45 **Heure: 15h 45 à 16h 45**
FSS 4004 **FSS 4004**

- 1. Peer-support in the Ontario government: Articulating a model of mental health and emotional support for public service professionals.**
Shira Yufe¹, Karen Fergus^{1,2}, & Martin Rappeport³
¹York University, Ontario; ²Sunnybrook Health Sciences Centre, Ontario; ³Rappeport Associates, Ontario
- 1. Examining the effects of humanizing discourse exposure: Mitigating outcomes on intergroup anxiety.**
Samantha Stitt¹ & Reeshma Haji¹
¹Laurentian University, Ontario
- 1. Postpartum depression: A YouTube comment content analysis.**
Danielle Sarpong¹ & Anne Konkle^{1,2,3}
¹Interdisciplinary School of Health Sciences, Faculty of Health Sciences, University of Ottawa, Ontario; ²School of Psychology, Faculty of Social Sciences, University of Ottawa, Ontario; ³University of Ottawa Brain and Mind Research Institute, Ontario
- 1. L'influence de l'illusion de contrôle sur l'attention portée aux indices épistémiques.**
Marie-Pier Millette¹, Isabelle Cossette², & Patricia Brosseau-Liard²
¹Le laboratoire sur la pensée des enfants de l'Université d'Ottawa, Ontario; ²University of Ottawa, Ontario
- 1. Stability of individual mind-mindedness.**
Sophie Fobert¹, Laila Kokenberg-Gallant¹, & Patricia Brosseau-Liard¹
¹University of Ottawa, Ontario
- 1. Évaluation des clients du programme Visages Familiers.**
Marie-Lou Ouellette¹, Alexia Pollilo¹, Stéphanie Manoni-Millar¹, & Tim Aubry¹
¹Université d'Ottawa, Ontario

1. **Le rôle de la norme nationale du Canada sur la relation santé mentale au travail et présentéisme/absentéisme.**
Pascale Cécire¹, Darcy Santor¹, Kyle McBride¹, & Émilie Tassé¹
¹*University of Ottawa - School of Psychology, Faculty of Social Sciences, Ontario*
1. **Muscular relaxation to reduce gamblers' craving post exposure to a virtual gambling environment.**
Rebecca Angele¹, Gabriel Bélanger¹, & Isabelle Giroux¹
¹*Université Laval, Québec*
1. **Combat exposure does not moderate the association between morally injurious events and negative moral emotions.**
Khaoula Louati¹, Stephanie A. Houle-Johnson¹, & Andrea R. Ashbaugh¹
¹*University of Ottawa, Ontario*
1. **Social dominance orientation as a predictor of reparation towards Indigenous Canadians.**
Cailynn Laprise¹, & Reeshma Haji¹
¹*Laurentian University, Ontario*
1. **L'estime de soi comme prédicteur de la gravité des problèmes liés à la consommation.**
Maggie St-Pierre¹, Sébastien Larochelle¹, Aude Villatte¹, & Kassandra Antille¹
¹*Université du Québec en Outaouais, Québec*
1. **The stability of self-construal in times of cultural change: A cross-cultural study.**
Andrea D'Alessandro¹, Hua Huo², Ying Yao², Hongyuan Qi¹, Siyin Chen³, Lei Chen⁴, & Kim Roberts¹
¹*Wilfred Laurier University, Ontario*; ²*University of Toronto, Ontario*; ³*University of Toronto, Rotman School of Management, Ontario*; ⁴*Jiang Han University, China*
1. **Anaphylaxis and academics: The unique mental health experiences of food-allergic students.**
Derek Boswell¹ & Michael Morrison¹
¹*King's University College at The University of Western Ontario, Ontario*
1. **Should we fake a smile: Exploring impacts of emotion regulation strategies on indicators of anxiety.**
Jude Nachabe¹, Nancy Bahl¹, Molly Rooyackers¹, & Allison Ouimet¹
¹*University of Ottawa, Ontario*
1. **Associations between depressive symptoms, life purpose and incident dementia in adults with diabetes.**
Tarek Benzouak¹ & Rachel Burns¹
¹*Carleton University, Ontario*
1. **Men and women in recovery: Homelessness and its impact on substance use disorders.**
Zahra Wells¹ & Andra Smith¹
¹*University of Ottawa, Ontario*
1. **The representation of paternal postnatal depression through the social media platform of Facebook.**
Jason Taylor-Horsfall¹ & Anne Konkle¹
¹*University of Ottawa, Ontario*

1. **Trauma and violence informed care workshop for teachers.**
Christina Amico¹
¹*University of Western Ontario, Ontario*
1. **Parental mental health and parenting practices: Outcomes of the Handle with Care Program.**
Lima Nizami^{1,2,3}, Wagma Nizami^{2,4}, Nancy J. Cohen^{1,2,4}, & Fataneh Farnia^{1,2,5}
¹*Hincks-Dellcrest Centre, Ontario*; ²*SickKids Centre for Community Mental Health, Ontario*; ³*University of Toronto, Ontario*; ⁴*Department of Psychiatry, University of Toronto, Ontario*
20. **L'autisme au travers de twitter: Informations ou stigmatisation?**
Anne-Sophie Poirier¹ & Anne Konkle^{2,3,4}
¹*Faculté des Sciences de la Santé, University of Ottawa, Ontario*; ²*Interdisciplinary School of Health Sciences, Faculty of Health Sciences, University of Ottawa, Ontario*; ³*School of Psychology, Faculty of Social Sciences, University of Ottawa, Ontario*; ⁴*University of Ottawa Brain and Mind Research Institute, Ontario*
1. **Environmental enrichment protocol for laboratory mice.**
Rajini Chandrasegaram¹, Kevin Smith², Alanah Yazbeck², & Nafissa Ismail²
¹*Cardiff University, Wales*; ²*University of Ottawa, Ontario*
1. **Neural avalanches on high-density multielectrode arrays.**
Stephanie Norlock¹, Philippe Vincent-Lamarre¹, Eloïse Giraud¹, & Jean-Philippe Thivierge^{1,2}
¹*School of Psychology, University of Ottawa, Ontario*; ²*Centre for Neural Dynamics, University of Ottawa, Ontario*
1. **Exploring the relationship between self-consistency and eating behaviour.**
Lea Dollaghan¹, Kheana Barbeau¹, & Luc Pelletier¹
¹*University of Ottawa, Ontario*
1. **Neurophysiological impact of out-of-hospital cardiac arrest.**
Ameena Ally¹, Andra Smith¹, & Aziza Byron-Alhassan¹
¹*University of Ottawa, Ontario*
1. **L'incapacité psychologique professionnelle: Le rôle de la Norme sur la santé psychologique au travail.**
Émilie Tassé¹, Darcy Santor¹, Pascale Cécire¹, & Kyle McBride¹
¹*School of Psychology, Faculty of Social Sciences, University of Ottawa, Ontario*
1. **Associations between positive affect, anxiety symptoms and physical activity in adults with diabetes.**
Sasha Gunpat¹ & Rachel Burns¹
¹*Carleton University, Ontario*
1. **Self-Care practices and subjective well-being in university students.**
Hailley White¹ & Mike Morrison¹
¹*King's University College at The University of Western Ontario, Ontario*
30. **The Patient Generated Index as a quality of life measure for people with mental illness.**

Valerie Leclerc¹, Maryann Roebuck¹, & Tim Aubry¹

¹*School of Psychology and Centre for Research on Educational and Community Services, University of Ottawa, Ontario*

32. Exploring the relation between spatial abilities and various types of mathematics.

Véronic Delage¹, Geneviève Trudel¹, & Erin A. Maloney¹

¹*School of Psychology, Faculty of Social Sciences, University of Ottawa, Ontario*

34. Évaluation des conducteurs atteints d'un trouble neurocognitif avec corps Lewy dans des situations de routes complexes.

Sylvain Gagnon¹, Michael Armstrong¹, & Vanessa J Hyslop¹

¹*School of Psychology, Faculty of Social Sciences, University of Ottawa, Ontario*

36. Effect of language use on working memory ERPs in younger adult English-French bilinguals.

Christophe Nadon^{1,2}, Cassandra Morrison^{1,2}, Farooq Kamal^{1,2}, Christine Sheppard^{2,3}, & Vanessa Taler^{1,2}

¹*University of Ottawa, Ontario*; ²*Bruyère Research Institute, Ontario*; ³*University of Waterloo, Ontario*

37. Task demands and duration in prospective and retrospective time judgements.

Calvin Findlay¹, Jesika Walker¹, Mohammed Aswad¹, & Guy Lacroix¹

¹*Carleton University, Ontario*

38. The observation of unconscious influences within a working memory paradigm in an age-related context.

Devitha Kubendran¹, Fatou Sarr¹, Kim Thériault¹, & Sylvain Gagnon¹

¹*University of Ottawa, Ontario*

39. Internet gaming disorder: Personality, gaming motives and subjective well-being.

Rui Jing¹ & Mike Morrison²

¹*King's University College at Western University, Ontario*; ²*King's University College, Ontario*

DAY 2	JOUR 2
POSTER SESSION B	SESSION D’AFFICHE A

Friday, May 17th, 2019 Vendredi le 17 mai 2019
Time: 9:00 – 10:00 Heure: 9h 00 à 10h 00
FSS 4004 FSS 4004

1. **Composition de la fratrie et la coparentalité: associations avec les comportements fraternels de l'enfant.**
Sophie St-Pierre¹, Véronique Woychuk¹, & Jean-François Bureau¹
¹*Université d'Ottawa, Ontario*
2. **Individus prosociaux en développement: Sensibilité maternelle et comportements prosociaux chez les bébés.**
Noémie Dicaire¹, Stuart Hammond¹, & Victoria Edwards¹
¹*Université d'Ottawa, Ontario*
3. **Looking to help: Infant social engagement and the development of helping and empathy.**
Madison MacLachlan¹, Ann Hérard¹, Anisa Yan¹, Noémie Dicaire¹, Montana Rynda¹, Victoria Edwards¹, & Stuart I. Hammond^{1,2}
¹*University of Ottawa, Ontario*; ²*Social and Moral Development Lab, Ontario*
4. **Preschooler's understanding of their past preferences.**
Lojain Hamwi¹, Leia Kopp¹, & Cristina Atance¹
¹*University of Ottawa, Ontario*
5. **Help me help! Maternal scaffolding and motor development on infant prosocial behaviour.**
Anisa Yan¹, Madison MacLachlan¹, Ann Hérard¹, Montana Rynda¹, Noémie Dicaire¹, Victoria Edwards¹, & Stuart Hammond¹
¹*University of Ottawa, Ontario*; ²*Social and Moral Development Lab, Ontario*
6. **Not completely consistent: Fragile stability of individual differences in children's preferential learning from accurate informants.**
Rose Varin¹, Isabelle Cossette¹, Sophie Fobert¹, Michael Slinger², & Patricia Brosseau-Liard¹
¹*University of Ottawa, Ontario*; ²*Queen’s University, Ontario*

- 7. Is parents' mental state talk related to infants' prosocial behaviour?**
Montana Rynda¹ & Stuart Hammond^{1,2}
¹*University of Ottawa, Ontario*; ²*Social and Moral Development Lab, Ontario*
- 8. Saving for the Future: Parents' Influence on Their Children's Saving Behaviour.**
Alex W. Castro¹, Katherine N. Dueck¹, & Cristina M. Atance¹
¹*University of Ottawa, Ontario*
- 9. La constance de la confiance comme indicateur de crédibilité chez les enfants de trois ans.**
Florence Aquilina¹, Yasmeen Ibrahim¹, Aimie-Lee Juteau¹, & Patricia Brosseau-Liard¹
¹*Université d'Ottawa, Ontario*
- 10. Do children seek help? Children's illusory control and reliance on help in novel situations.**
Isabelle Cossette¹ & Patricia Brosseau-Liard¹
¹*University of Ottawa, Ontario*
- 11. Imagining your infant's mind: Longitudinal exploration of mind-mindedness and infant's early prosocial behaviour.**
Ann Hérard¹, Madison MacLachlan¹, Anisa Yan¹, Noémie Dicaire¹, Montana Rynda¹, Victoria Edwards¹, & Stuart Hammond^{1,2}
¹*University of Ottawa, Ontario*; ²*Social and Moral Development Lab, Ontario*
- 12. When organizational climate and culture collide: Climate dimensions and their applicability to a culture framework.**
Jean Bouchard¹ & Véronique Dagenais-Desmarais¹
¹*Université de Montréal, Québec*
- 13. Predicting statistics anxiety in social sciences undergrads.**
Sara-Emilie McIntee¹, Emma Deck-Léger¹, Alexandre Williot², Jean-Christophe Goulet-Pelletier¹, Daniel Lalonde², & Michael Cantinotti³
¹*University of Ottawa, Ontario*; ²*Université du Québec [Chicoutimi], Québec*; ³*Université du Québec à Trois-Rivières, Québec*
- 14. Profil cardiaque lors du sommeil chez des individus atteints de dépression: résultats préliminaires.**
Karianne Dion^{1,2}, Ashley Nixon^{1,2}, & Rébecca Robillard^{1,2}
¹*Université d'Ottawa, Ontario*; ²*Centre de Santé Mentale Royal Ottawa, Ontario*
- 15. L'identité en tant que prédicteur de l'estime de soi chez une population non clinique.**
Kassandra Antille¹, Sébastien Larochelle¹, Aude Villatte¹, & Maggie St-Pierre¹
¹*Université du Québec en Outaouais, Québec*
- 16. How Do You Cope? A Latent Profile Analysis of Academic Coping Strategies**
Stephanie Green¹, Melodie Chamandy¹, Laurence Boileau¹, Kristina Kljajic¹, & Patrick Gaudreau¹
¹*University of Ottawa, Ontario*
- 17. L'efficacité du télétraitement pour l'insomnie chronique chez les Francophones vivant en situation minoritaire.**
Michelle Lonergan¹, Marie-France Lafontaine¹, Dominique Gosselin¹, Eva Guérin², Marie-Hélène Chomienne³, Julie Gosselin⁴, Paul Greenman⁵, Mélanie Joanisse², & Jean Grenier²

¹L'École de Psychologie, Université d'Ottawa, Ontario; ²Institut du savoir Montfort, Canada; ³Institut du savoir Montfort et Département de médecine familiale, Université d'Ottawa, Ontario; ⁴Memorial University of Newfoundland (Canada); ⁵Institut du savoir Montfort et Université du Québec en Outaouais, Québec

18. **Beyond Post-event Processing: Examining the role of self-efficacy beliefs in the maintenance of social anxiety disorder.**
Amanda Dezenosky¹
¹University of Ottawa, Ontario
19. **Emotion elicitation: Subjective and physiological responses in young and older adults.**
Amelia Eaton¹, Patrick Davidson¹, Kylee T. Ack Baraly^{1,2,3}, & Pascal Hot^{2,4}
¹University of Ottawa, Ontario; ²Université Savoie Mont Blanc, France; ³Université Grenoble Alpes, France; ⁴Université Grenoble Alpes, France
20. **Viser la perfection ou l'excellence: une étude corrélative.**
Jean-Christophe Goulet-Pelletier¹
¹Université d'Ottawa, Ontario
21. **The dynamics and impact of relationship roles on relationship quality and satisfaction.**
Curtis Gough¹, Cavan Pollard¹, & Darcy Santor¹
¹University of Ottawa, Ontario
22. **Contribution of the Motivation Toward the Environment Scale in understanding environmental motivation: A systematic review.**
Curtis Gough¹ & Luc Pelletier¹
¹University of Ottawa, Ontario
23. **The sexiness of the Internet: How are specific online sexual activities linked together?**
Yodit Asrat¹, Severina Borisevich¹, & Krystelle Shaughnessy¹
¹University of Ottawa, Ontario
24. **Regret Intensity: The role of Lost Versus Future Opportunities.**
Mallory Forward¹ & Mike Morrison¹
¹King's University College, Ontario
25. **Une formation sur la santé sexuelle pour des adultes ayant une déficience intellectuelle.**
Danika Lévesque¹, Virginie Cobigo^{1,2,3}, & Natasha Plourde¹
¹University of Ottawa, Ontario; ²Children's Hospital of Eastern Ontario Research Institute, Ontario; ³Centre for Research on Education and Community Services, Ontario
27. **Community service learning: Who participates and what is its impact on student retention?**
Nicolas Robinson¹, Robert Hill¹, & Stuart Hammond¹
¹University of Ottawa, Ontario
28. **A fully transparent pre-registered replication study of precognitive detection of reinforcement using an expert consensus design.**
Pari-Gole Noorishad¹ & Simon Beaudry¹
¹University of Ottawa, Ontario
29. **Creating a short semantic screening battery for Mild Cognitive Impairment.**
Karim Ali^{1,2}, Christine Sheppard^{2,3}, Laura Monetta^{4,5}, & Vanessa Taler^{1,2}

¹University of Ottawa, Ontario; ²Bruyère Research Institute, Ontario; ³University of Waterloo, Ontario; ⁴Centre de l'Institut universitaire en santé mentale de Québec, Québec; ⁵Université Laval, Québec

30. Validation de la Version Abrégée Francophone du Questionnaire sur les Patrons de Communication Amoureux.

Marie-Pier Séguin¹, Marie-France Lafontaine¹, Stéphanie Jolin¹, Audrey Brassard², & Yvan Lussier³

¹L'Université d'Ottawa, Ontario; ²Université de Sherbrooke, Québec; ³Université du Québec à Trois-Rivières, Québec

31. Suppression effects in pre-post designs: A review and examples from an RCT.

Linda Farmus¹ & Robert Cribbie¹

¹York University, Ontario

33. Demographics, risk, and recidivism of offenders referred for dangerous offender and long-term offender assessment.

Maja Elek¹, Paul Fedoroff^{1,2,3}, Susan Curry², & Lisa Murphy³

¹University of Ottawa, Ontario; ²Institute of Mental Health Research, Ontario; ³Sexual Behaviours Clinic, Ontario

34. Understanding how performance on numerical and mathematical tasks relates to spatial processing.

Andie Storozuk¹, Sabrina Di Lonardo², Heather Douglas², Rebecca Merkley², Helena Osana³, Sheri-Lynn Skwarchuk⁴, Chang Xu², Jo-Anne LeFevre², & Erin Maloney¹

¹University of Ottawa, Ontario; ²Carleton University, Ontario; ³Concordia University, Québec; ⁴University of Winnipeg, Manitoba

35. Effects of oral contraceptives and the natural menstrual cycle on emotional working memory in women.

Briallen Taylor¹, Rupali Sharma², & Nafissa Ismail²

¹Cardiff University, UK; ²University of Ottawa, Ontario

36. "Let them hear our voices singing in harmony": A qualitative case study on workplace singing.

Jessica Couture¹ & Jennifer Nicol¹

¹University of Saskatchewan, Saskatchewan

37. A qualitative study of community needs and responses among Ottawa food banks.

Chantal Raillard¹, Elizabeth Kristjansson¹, & Aganeta Enns¹

¹University of Ottawa, Ontario

38. Following the mindful experience of two students with executive dysfunction: A case study approach.

Kaitlyn M. Butterfield¹, Andrea D'Alessandro¹, Lerna Hanceroglu¹, Kim P. Roberts¹, Barbara Ward², & Paul Totzke²

¹Wilfrid Laurier University, Ontario; ²Waterloo Region District School Board, Ontario

40. Partnering to promote children's emotional health and educational outcomes: A data-driven approach to foster decision-making.

Bianca D'Agostino¹, Briana Goldberg¹, Amy Klan¹, Amanda Krause¹, Catherine Frasch¹, Jessica Whitley¹, Maria Rogers¹, & David Smith¹

¹University of Ottawa, Ontario

41. **The effect of students' academic entitlement and gender bias on competence ratings of female professors.**

Nina Nesdoly¹, Christine Tulk¹, & Janet Mantler¹

¹Carleton University, Ontario

ORAL PRESENTATIONS

PRÉSENTATIONS ORALES

Friday, May 17th, 2019 **Vendredi le 17 mai 2019**

Time: 10:15 – 11:00 **Heure: 10h 15 à 11h 00**

FSS 4006 **FSS 4006**

Theme 1: Interpersonal Dynamics: Sex and Friendships

Thème 1: Dynamiques interpersonnelles: Sexe et amitiés

Going ghost: An examination of the moral acceptability of ghosting.

Caitlyn Kay¹, Erin Leigh Courtice¹, & Krystelle Shaughnessy¹

¹Department of Psychology, University of Ottawa, Ontario

10:15 –
10:30

“Ghosting” refers to ending a relationship by cutting off all contact, without providing any explanation. The objectives of this study were to examine the prevalence of ghosting and determine the extent that perceptions of the moral acceptability of ghosting vary depending on relationship factors. Participants (N=414) completed an online survey including demographic questions, ghosting experiences measure, and nine ghosting scenarios that each varied in relationship length and intensity. In completing the survey, participants were randomly assigned to one of two conditions: ghosting perpetrator or recipient. In the perpetrator condition, the ghosting scenarios described situations where the participant perpetrated ghosting; in the recipient condition, situations where the participant received ghosting. Participants rated the moral acceptability of ghosting for each scenario using a 7-point bipolar scale. The results of a 2(perspective) X 3(relationship length) X 3(relationship intensity) mixed ANOVA revealed a significant three-way interaction between length, intensity, and perspective ($p < .001$) and significant main effects of length ($p < .001$) and intensity ($p < .001$). Follow-up analyses revealed that a significant two-way interaction between length and intensity was maintained within each level of perspective; the main effect of intensity remained within each relationship length ($p < .001$). That is, ghosting in low intensity and short relationships was more acceptable than in high intensity and long relationships. Among individuals who reported using dating apps, 59.6% reported being ghosted and 74.3% reported ghosting someone they met through a dating app/website. Our findings suggest ghosting is a

relatively common experience and that perceptions of moral acceptability largely rely on relationship cues.

Gender and preference differences in sexual communication using a revised measure of partner sexual communication.

10:30 –
10:45

Sara Moazami¹, Konrad Czechowski¹, Erin Leigh Courtice¹, & Krystelle Shaugnessy¹
¹University of Ottawa, Ottawa, Ontario

Background. The Female Partner's Communication During Sexual Activity Scale (McIntyre-Smith & Fisher, 2011) assesses female people's comfort communicating with a partner about their own pleasure during sexual activity, and how frequently they do so. However, this measure does not address people's comfort with their partners' sexual communication, nor can it be administered to non-female people.

Objectives. To address these limitations, the objectives of this study were to: (1) revise the original measure to apply to people of all genders and to make it bidirectional (assess people's comfort with their partner's communication in addition to their own); (2) examine gender differences in ease of sexual communication; (3) examine overall differences between peoples' ease with their own versus their partner's sexual communication.

Methods. Though an online survey 631 undergraduate university students completed the revised scale. We used t-tests to examine all differences and Cronbach's alpha to assess internal consistency.

Results. The revised measure showed good overall internal consistency ($\alpha=.87$). We found significant gender differences ($p<.001$) in ease of sexual communication, with men scoring higher in ease compared to women. We also found that participants were significantly ($p<.001$) more comfortable with their partners' communication, compared to their own communication, during sexual activities.

Conclusion. We successfully revised this measure to be inclusive of all genders and found that men/males were more comfortable with sexual communication than women. Overall, participants were more comfortable with their partner's sexual communication than their own. Findings have important implications for sexual education, particularly around consent and negotiation.

Examining the infrahumanization account using theoretically-relevant emotional categories.

10:45 –
11:00

Mathieu Gagnon¹, Kalee De France², & Adelheid Nicol¹
¹Royal Military College of Canada, Kingston, Ontario
²Queen's University, Kingston, Ontario

According to the infrahumanization account (Leyens et al., 2003), people often attribute more complex "secondary" emotions (e.g. guilt) to ingroup members, and more simple "primary" emotions (e.g. anger) to an outgroup. So far, support for this claim has been obtained by providing participants with lists of emotional labels (passion, melancholy, etc.) and asking them to rate or pick the ones that represent ingroup and outgroup members (Leyens et al., 2001; Cuddy et al., 2007). However, such lists have often included labels that are seldom identified as primary or secondary emotions by current affect psychologists (e.g. confusion, courage, etc.). Therefore, we wondered if this account would hold up when using more theoretically-grounded emotion categories. Across 2 studies, black and white participants were presented with a list of words that included primary (anger, sadness and fear) and secondary (shame, guilt embarrassment) emotions. In study 1, they were asked to select the ones that best represent members of their ingroup and an outgroup. In study 2, they were asked to rate how typical each emotion was for ingroup and outgroup members. Overall, we found only partial support for the infrahumanization account. Specifically, secondary emotions were rated as more likely for ingroup members in study 2, but participants did not view primary emotions as more likely for outgroup members. We believe this work highlights the importance of combining different research domains, namely emotion psychology and social psychology, in an effort to gain a better understanding of critical intergroup processes.

Friday, May 17th, 2019 **Vendredi le 17 mai 2019**
Time: 10:15 – 11:00 **Heure: 10h 15 à 11h 00**
FSS 5028 **FSS 5028**

Theme 2: Development *Thème 2: Développement*

<p>The effects of probiotic treatment during puberty on LPS-induced response in male and female mice.</p> <p>Atiqa Pirwani¹, Emma Murray¹, & Nafissa Ismail¹</p> <p>¹<i>NISE Lab, Department of Psychology, University of Ottawa, Ottawa, Ontario</i></p>	<p>10:15 – 10:30</p>
<p>Puberty is a critical developmental period that is vulnerable to stress and inflammation. In mice, exposure to an immune challenge (lipopolysaccharide; LPS) during puberty causes enduring effects on depression- and anxiety-like behavior into adulthood. However, the mechanisms underlying these effects remain unknown. The gut microbiome is known to play a role in mediating the immune system and can alter brain functioning. We investigated if colonizing the gut with beneficial microbes could mediate the inflammatory response to LPS during puberty. The purpose of this study was to investigate sex-specific responses to probiotic treatment on LPS-induced immune responses in 80 CD1 6-week old male and female mice. Sickness behavior and pro-inflammatory cytokine mRNA expression via RT-qPCR in the hypothalamus, hippocampus, and prefrontal cortex were examined. LPS treatment increased sickness and inflammation in all mice. However, males showed more sickness behavior, but less central cytokine mRNA expression compared to females. LPS-treated males displayed increased expression of TNFα and IL-6 concentrations in the hypothalamus and hippocampus compared to saline controls. However, probiotics exposure eliminated this effect. In females, probiotic treatment reduced sickness behavior, in a time-specific manner, and reduced TNFα and IL-6 mRNA expression compared to saline controls, in a region-specific manner. Our results show that probiotics mitigate LPS-induced immune response differently between sexes. These findings suggest that probiotics have a protective effect during puberty and can prevent in the onset of mental health conditions like depression and anxiety.</p>	
<p>La stabilité de performance de jeunes enfants à des tâches d'apprentissage sélectif.</p> <p>Aimie-Lee Juteau¹, Isabelle Cossette¹, Sophie Fobert¹, & Patricia Brosseau-Liard¹</p> <p>¹<i>Laboratoire sur la pensée des enfants, l'université d'Ottawa, Ottawa, Ontario</i></p>	<p>10:30 – 10:45</p>
<p>Très tôt, les enfants ont la capacité d'apprendre de manière sélective. Ils savent utiliser différents indicateurs tels que des indices de confiance et d'exactitude chez leurs interlocuteurs. Toutefois, la fiabilité des tâches utilisées pour évaluer les préférences des enfants pour de tels indices a peu été étudiée. Une série de quatre études a alors été conduite</p>	

pour évaluer la stabilité de la préférence des enfants à apprendre d'individus confiants et d'individus exacts. Dans chacune des quatre études (N entre 48 et 51 pour chaque étude), des enfants de 3 à 5 ans ont complété deux tâches utilisant soit des indices de confiance (Études 1 et 2) ou d'exactitude (Études 3 et 4). Les deux tâches étaient soit identiques et administrées à une semaine d'intervalle (Études 1 et 3) ou des versions parallèles d'une même tâche administrées lors d'une même occasion (Études 2 et 4). Les corrélations entre les différentes paires de tâches (Étude 1: $r=.414$, $p=.002$, directionnel, Étude 2: $r=.233$, $p=.052$, directionnel, Étude 3: $r=.237$, $p=.050$, directionnel, Étude 4: $r=.241$, $p=.044$, directionnel) se sont révélées petites à modérées. La préférence des enfants pour des individus confiants et exacts semble ainsi moins stable qu'attendu avec de telles tâches. Toutefois, il est possible que leur performance ait été influencée par certains facteurs situationnels ou par la mesure elle-même. Pour conclure, ces résultats suggèrent que plus de recherches doivent être faites pour étudier l'impact de tels facteurs situationnels et pour évaluer les mesures d'apprentissage sélectif.

Les adolescents sont-ils en mesure de s'engager civiquement dans leur communauté? Une étude se penchant sur la perception des animateurs en Maison de Jeunes.

10:45 – 11:00

Melynda Cantin¹, Camille Provencher², & Valérie Pichette¹

¹Université du Québec en Outaouais, Gatineau, Québec

²Université d'Ottawa, Ottawa, Ontario

Des études se penchant sur la participation des jeunes à la vie politique traditionnelle ont mis en évidence la croissance du désengagement civique chez les jeunes (Blais et al., 2011). Être engagé civiquement signifie développer et intégrer des connaissances, des compétences, des valeurs et de la motivation pour agir de manière à favoriser la qualité de vie civique de sa communauté (Delli Carpini, 1996). Bien que le concept d'engagement civique repose sur différentes caractéristiques individuelles, d'autres études ont démontré qu'un faible engagement civique de la part des jeunes serait aussi expliqué par le manque d'occasions opportunes qui leur sont offertes dans les différents systèmes de leur environnement (Sherrod et al., 2002). Or, plusieurs auteurs ont souligné que les organismes communautaires s'adressant aux jeunes seraient un des agents essentiels quant au fait de promouvoir l'engagement civique chez les adolescents (Youniss et al., 2002). Ainsi, cette étude s'est penchée sur l'objectif suivant: mieux comprendre comment s'actualise l'engagement civique des adolescents fréquentant une Maison de jeune (MDJ), un organisme communautaire jeunesse au Québec. Des entrevues semi-dirigées ont été menées auprès de huit animateurs travaillant dans deux MDJ. Une analyse de contenu thématique des réponses obtenues a permis de dégager différentes manifestations chez les adolescents qui témoignent leur engagement civique au quotidien et en MDJ, et ce, tant sous forme d'actions, de prise de position et de sentiment d'appartenance envers leur communauté. Enfin, il a aussi été possible d'identifier huit pistes d'actions et d'intervention permettant pouvant favoriser l'engagement civique des adolescents dans leur communauté.

KEYNOTE LECTURE

CONFÉRENCIER INVITÉ

Friday, May 17th, 2019 **Vendredi le 17 mai 2019**
Time: 11:20 – 12:00; 1:00 – 1:40 **Heure: 11h 20 à 12h 00; 13h 00 à 13h 40**
Room: FSS 4006 **Salle: FSS 4006**

Terry Humphreys, Ph.D.

Professor | Professeur
Department of Psychology, Trent University
| Département de psychologie, Université
Trent
Editor, *Canadian Journal of Human Sexuality*
(*CJHS*) | Éditeur, *Canadian Journal of Human*
Sexuality (CJHS)
Advisory Committee, *World Association for*
Sexual Health (WAS) | Conseil consultatif,
World Association for Sexual Health (WAS)
Past President, *Society for the Scientific*
Study of Sexuality (SSSS) | Ancien Président,
Society for the Scientific Study of Sexuality
(*SSSS*)



The Complexity of Sexual Consent Negotiations | La complexité du consentement sexuel

Sexual consent has become the dominant concept central to understanding sexual coercion and assault. This plenary will explore the research on how young adults interpret and communicate sexual consent in their day-to-day sexual interactions while contrasting these behaviours with current prevention/awareness campaigns on consent. A number of research disciplines highlight complexity, not simplicity, when it comes to sexual consent.

Le consentement sexuel est devenu le concept central pour comprendre la coercition et l'agression sexuelle. La présentation de Dr Humphreys explorera la recherche au sujet des manières dont les jeunes adultes interprètent et communiquent le consentement sexuel dans leurs interactions sexuelles de tous les jours tout en contrastant ces comportements avec les campagnes de de prévention et de sensibilisation actuelle sur le consentement. Plusieurs disciplines en recherche soulignent la complexité, non la simplicité, lorsqu'il est question du consentement sexuel.

About our speaker | À propos de notre orateur

Dr. Terry Humphreys is a Full Professor in the Department of Psychology at Trent University, Peterborough, Ontario, Canada. He is the Editor of the Canadian Journal of Human Sexuality (CJHS) and a Consulting Editor for the Journal of Sex Research. He is also the current Past President of the Society for the Scientific Study of Sexuality (SSSS), a long-standing planning committee member of the Guelph Sexuality Conference (Canada's largest and longest running annual sexuality conference), and on the Advisory Board of the World Association for Sexual Health. His academic / research interests focus broadly on sexual communication in intimate relationships. Specifically, his expertise is in the negotiation of sexual consent in multiple contexts; sexting behaviour in young adults; first sexual experiences; and unwanted/coercive sexual encounters.

Dr. Terry Humphreys est un Professeur titulaire dans le Département de Psychologie de l'Université Trent, Peterborough, Ontario, Canada. Il est l'éditeur du Canadian Journal of Human Sexuality (CJHS) et Éditeur consultant du Journal of Sex Research. Il est également l'ancien Président de la Society for the Scientific Study of Sexuality (SSSS), un membre établi du comité de Guelph Sexuality Conference (la plus grande et la plus ancienne conférence annuelle sur la sexualité ayant encore actuellement lieu) et est sur le Conseil consultatif du World Association for Sexual Health. Ses intérêts académiques et de recherche se concentrent sur la communication sexuelle dans les relations intimes. Spécifiquement, son expertise se situe dans la négociation du consentement sexuel dans de multiples contextes; les sextos chez les jeunes adultes, les premières expériences sexuelles et les rencontres sexuelles non voulues/coercitives.

SYMPOSIUM 2	SYMPOSIUM 2
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Friday, May 17th, 2019 **Vendredi le 17mai 2019**

Time: 1:50 – 2:50 **Heure: 13h 50 à 14h 50**

Room: FSS 4006 **Salle: FSS 4006**

Psychedelic Microdosing: Emerging science behind a growing therapeutic trend

Thomas Anderson¹, Rotem Pertranker², Leanh Dinh-Williams³, Daniel Rosenbaum⁴, Cory Weissman⁴, Katrina Hui⁴, Emma Hapke⁴, Adam Christopher⁵, & Norman Farb⁵

¹*Department of Psychology, University of Toronto, Toronto, Ontario*

²*Department of Psychology, York University, Toronto, Ontario*

³*Department of Psychological Clinical Science, University of Toronto at Scarborough, Scarborough, Ontario*

⁴*Department of Psychiatry, University of Toronto, Toronto, Ontario*

⁵*Department of Medicine, University of Toronto, Toronto, Ontario*

Department of Psychology, University of Toronto, Mississauga Campus, Mississauga, Ontario

Microdosing psychedelics — the regular consumption of small amounts of psychedelic substances such as LSD or psilocybin — is a growing trend in society. While recent studies on full-dose psychedelic psychotherapy reveal promising benefits for well-being, such full-dose therapies include perception-distorting effects. Microdosing may provide complementary clinical benefits using lower-risk, non-hallucinogenic doses. This symposium presents results from a pre-registered study, one of the first to investigate psychedelic microdosing and mental health. We report promising initial evidence that warrants controlled experimental research to directly test the safety and clinical efficacy of microdosing. As microdoses are easier to administer than full-doses, this new paradigm has exciting potential to shape future psychedelic research.

We introduce the present state of psychedelic research and report on the details of our pre-registered microdosing research. We present on the epidemiology of microdosing: community practices, demographics, and psychiatric histories of microdosers. We then discuss our pre-registered analyses comparing microdosers to non-microdosers on validated measures of dysfunctional attitudes, negative emotionality (neuroticism), open-mindedness, wisdom, and creativity. We then present a taxonomy of benefits and challenges of microdosing as distilled by qualitative analysis. We end with discussion of future directions for microdosing and psychedelic research. There will be plenty of time for questions.

COMMUNITY PANEL

PANEL DE DISCUSSION

Friday, May 17th, 2019 Vendredi le 17 mai 2019

Time: 3:00 – 4:00 Heure: 15h à 16h

Room: FSS 4006 Salle: FSS 4006

Tim Aubry, Ph.D.

Professor | Professeur
School of Psychology, University of
Ottawa | École de psychologie,
Université d'Ottawa



Jacqueline Kennelly, Ph.D.

Associate Professor | Professeure
Adjointe
Department of Sociology and
Anthropology, Carleton University |
Département de sociologique et
d'anthropologique, Université Carleton



Lisa Ker

Executive Director | Directrice Générale
Ottawa Salus

**A Community Panel on Homelessness: System Planning, Service Provision, and Research |
L'itinérance à Ottawa**

This community panel comprises experts in the field who will speak on the challenges and services currently utilized to tackle the housing crisis and youth homelessness. Dr. Tim Aubry will present the current state and future directions of the “Housing First” initiative, Dr. Lisa Ker will present on community-based supportive housing strategies, and Dr. Jacqueline Kennelly will present on the status of youth homeless and the utility of key prevention strategies.

Cette table ronde de la communauté comprend plusieurs experts du domaine qui discuteront des défis et des services présentement utilisés pour s'attaquer à la crise du logement et à l'itinérance chez les jeunes. Dr Tim Aubry présentera l'état actuel et de futures directions pour l'initiative « Housing First », Dre Lisa Ker présentera des stratégies pour le logement basé sur la communauté et Dre Jacqueline Kennelly présentera le statut de l'itinérance chez les jeunes et l'utilité de stratégies de prévention clés.

About our speakers | À propos de nos orateurs

Dr. Tim Aubry is a Full Professor in the School of Psychology and Senior Researcher at the Centre for Research on Educational and Community Services at the University of Ottawa. He is currently holder of the Faculty of Social Sciences Research Chair in Community Mental Health and Homelessness. Tim was a Member of the National Research Team and the Co-Lead of the Moncton site in At Home / Chez Soi Demonstration Project of the Mental Health Commission of Canada. More recently, he completed an international study of program fidelity of Housing First programs in Europe and North America. Tim is currently serving as a Co-Chair of the Ontario Housing First Regional Network – Community of Practice.

Dr. Tim Aubry est professeur titulaire à l'École de Psychologie et Chercheur sénior au Centre de recherche sur les services éducatifs et communautaires (CRSEC) de l'Université d'Ottawa. Il détient présentement la Chaire de recherche en santé mentale communautaire et itinérance de la Faculté des sciences sociales. Tim était un membre de l'Équipe de recherche nationale et Co-directeur du site de Moncton du projet démonstratif At Home / Chez soi de la Commission de la santé mentale du Canada. Plus récemment, il a mené une étude internationale sur le programme de fidélité des programmes Housing First en Europe et en Amérique du Nord. Tim est présentement le Co-Chair du Ontario Housing First Regional Network – Community of Practice.

Dr. Jacqueline Kennelly's current research focuses on homeless young people's experiences of citizenship and belonging, schools as sites of youth homelessness prevention, and the supports needed to effectively move young people out of homelessness. She uses qualitative and participatory methods, with a strong commitment to engaging young people as co-researchers and knowledge-producers. Past books include *Olympic Exclusions: Youth, Poverty, and Social Legacies* (Routledge 2016), *Citizen Youth: Culture, Activism, and Agency in a Neoliberal Era* (Palgrave MacMillan, 2011), *Lost Youth in the Global City: Class, Culture, and the Urban Imaginary* (co-authored with J. Dillabough, Routledge, 2010), and *Phenomenology of Youth Cultures and Globalization: Lifeworlds and Surplus Meanings in Changing Times* (co-edited with S. Poyntz, Routledge 2015). Dr. Kennelly is also the Chair of the Research and Evaluation Working Group of the Alliance to End Homelessness Ottawa, and a founding steering committee member of A Way Home Ottawa, which is focused on ending youth homelessness in the city of Ottawa.

La recherche actuelle de **Dre Jacqueline Kennelly** s'intéresse à l'expérience qu'ont les jeunes itinérants de la citoyenneté et de l'appartenance, aux écoles en tant que sites de prévention de l'itinérance chez les jeunes et du soutien nécessaire pour retirer effectivement les jeunes gens hors de l'itinérance. Elle utilise des méthodes qualitatives et participatives et tient fortement à engager de jeunes gens comme co-chercheurs et producteurs de connaissances. Ses livres incluent: *Olympic Exclusions: Youth, Poverty, and Social Legacies* (Routledge 2016), *Citizen Youth: Culture, Activism, and Agency in a Neoliberal Era* (Palgrave MacMillan, 2011), *Lost Youth in the*

Global City: Class, Culture, and the Urban Imaginary (co-authored with J. Dillabough, Routledge, 2010), et Phenomenology of Youth Cultures and Globalization: Lifeworlds and Surplus Meanings in Changing Times (co-edited with S. Poyntz, Routledge 2015). Dre Kennelly, a aussi la Chaire de Research and Evaluation Working Group of the Alliance to End Homelessness Ottawa, qui tente de mettre fin à l'itinérance chez les jeunes dans la ville d'Ottawa.

Lisa Ker is the Executive Director of Ottawa Salus and a member of the Housing System Working Group for Ottawa. She is a former vice-chair of the Ottawa Alliance to End Homelessness, and a former Board member of the Ontario Non-Profit Housing Association.

Lisa has worked in the government and community-based sectors for close to 30 years including the Ministry of Community and Social Services and Toronto Community Housing. While in Toronto, she volunteered for many grassroots and community organizations.

Lisa has a Master's in Public Administration from Queens University, she is a certified Change Management Practitioner and is currently studying with the Chartered Institute for Housing. Lisa is a community representative on the Health sector's Comité des usagers (Gatineau) and provides palliative care services in a residential hospice in Hull.

Lisa Ker est la Directrice Exécutive de Ottawa Salus et une membre du Housing System Working Group for Ottawa. Elle est l'ancienne vice-présidente de Ottawa Alliance to End Homelessness et l'ancienne membre du comité exécutif de l'Association Ontario Non-Profit Housing.

Lisa a travaillé au gouvernement et dans des secteurs basés dans la communauté pendant près de 30 ans incluant le Ministry of Community and Social Services and Toronto Community Housing. Lorsqu'elle était à Toronto, elle agissait bénévolement pour de nombreuses organisations de la communauté.

Lisa a une Maîtrise en Administration publique de l'Université Queens, a une certification Change Management Practitioner et étudie présentement pour le Chartered Institute for Housing. Lisa est une représentante communautaire du secteur de la santé du Comité des usagers (Gatineau) et fournit des soins palliatifs dans une résidence de Hull.

WINE AND CHEESE AWARDS CEREMONY	CÉRÉMONIE DE REMISE DES PRIX VINS ET FROMAGES
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Friday, May 17th, 2019	Vendredi le 17 mai 2019
Time: 4:00 – 5:00	Heure: 16h à 17h
Room: FSS 4004	Salle: FSS 4004

To celebrate the end of the conference, attendees are invited to join us for a Wine & Cheese closing ceremony! Prizes for the best poster and best individual presentation will be awarded.

Pour célébrer la fin de la conférence, les participant-es sont invité-es à nous rejoindre pour une cérémonie de clôture vins et fromages! Les prix pour la meilleure affiche et la meilleure présentation individuelle seront attribués.



Join Us Next Year for ICP 2020!

May 2020

Joignez-vous à nous l'année prochaine
pour la CIP 2020!

Mai 2020

PDF MAP

